IMAGO Relationships

Keeping the Love You Find

11,12 & 13 July 2009

An Imago workshop for Individuals and Singles

Based on the work of

Harville Hendrix

and

Helen LaKelly Hunt.

www.gettingtheloveyouwant.com

Cost :
R 3000.00 per person
R 4000.00 per couple

Venue :
10 Duiker Road
Melkbosstrand.

To Book, contact :

Grete
021-975 8566
083-259 8082
grete@mweb.co.za

Grete RELATIONSHIP-COACH

This unique 3 day workshop is for you……

- If you are single, disillusioned with love and relationships and never quite seem to meet "the right person."
- If you are divorced and struggling to discover "what went wrong" or "what can I learn from my past " regarding significant relationships.
- If you are tired of relationships that just don't seem to measure up to your expectations.
- If you are widowed and searching to "begin again" but are not sure how to be in another relationship.

What you can expect from participating in a Singles workshop :

- Indentify your Imago, the fantasy or "ghost partner" that your unconscious mind, which has a hidden agenda of it's own, has chosen for you.
- Break from those patterns (both good and bad) in your parents' marriage that you have unknowingly internalised as your only acceptable relationship mode.
- Recognise the "wounded child" syndrome that may make you place unrealistic expectations on your partner without ever realising it.
- Learn and benefit from every past relationship.
- Discover how you sabotage your relationships to protect yourself against possible rejection or hurt.
- Achieve the mature, nourishing and enduring love that can immeasurably enrich your life.

We rarely experience the full potential of our relationships. Often it seems that we carry a protective shell, built up over the years of fending off encounters which threaten our self-esteem.

Learn about your "lost parts" and "denied self" – reclaim wholeness.

The Workshop Includes lectures and guided imagery exercises. There will be written exercises and opportunities to learn new skills in communicating with others. Support therapists and coaches will be able to assist you. A high degree of confidentiality and safety is maintained throughout the workshop.

Presenter : Kobus van der Merwe.
Certified Imago Workshop Presenter.
www.huwelike.co.za

conexions